



# WALKATHON

Saturday 21<sup>st</sup> April 2018

The Walkathon will take place around Cherry Lake, Altona between 10.30am and 2.30pm. The fully accessible track around the lake is 3.5km and there will be 4 Achievement Points (rest stops) evenly spaced along the way.

In keeping with our Heads Together values, the Walkathon will give everyone the opportunity to participate in helping us raise \$50k in a Day!

Participants can walk as many times around the lake or between Achievement Points as they want. There will be fun activities at each check point and walkers will receive an Achievement Stamp for each station they reach.

Participants can fundraise by asking family, friends, neighbours and their local community to sponsor them for every 'Achievement Stamp' they get on the day.



*Please note we cannot allow dogs, bikes, scooters, rollerblades, skateboards etc for safety reasons.*

[www.headstogether.org.au](http://www.headstogether.org.au)

PO Box 124, Yarraville, Victoria 3013, Australia 0409 216 189 [info@headstogether.org.au](mailto:info@headstogether.org.au)

## To participate here's what you need to do.

1. Print out the attached letter from Heads Together which you can use to explain to Sponsors what you are doing.
2. Print out the Walkathon Sponsorship Form where you will collect pledges from your sponsors.
3. Turn up at Cherry Lake, Altona on Saturday 21/4/18 at 10am to get your Achievement card and be ready to set off. Bring a hat and sunscreen, a water bottle and a smile and be ready to have fun, Heads Together style.
4. Take your Achievement card and Sponsorship Form back to your sponsors to collect their donations.
5. Send the Donations to Heads Together by:

Depositing the funds into the Head Together Bank Account

Account Name: **Heads Together for ABI Limited**

BSB: **063 181**

Account Number: **10366791**

Please put your name and "Walkathon" in the reference.

OR

Following the Donate button on the Heads Together Webpage

<http://headstogether.org.au/fundraising/donations/>



To whom it may concern

My name is Kate Heine, and I am the founder and Managing Director of Heads Together for ABI. We are a Victorian based not for profit organisation who provide social, recreational and leadership programs for people with an Acquired Brain Injury (ABI) and their families. We have been operating since 2003.

Acquired Brain Injury affects more than 700,000 Australians, two out of three having their injury before the age of 25.

An ABI changes life in an instant for everyone involved.

Heads Together for ABI is the only organisation in Victoria creating a community specifically for these families to rebuild their lives and find hope, fun and friendship.

\_\_\_\_\_ will be participating in a Walkathon as part of our fundraising event WALK TOGETHER FOR BRAIN INJURY. We are aiming to raise \$50k in a Day to expand our programs. \_\_\_\_\_ and their family, have been attending Heads Together programs, and are a highly valued part of our community.

Your support of their efforts by sponsoring them to walk, would be greatly appreciated. Please do not hesitate to contact me if you would like more information.

Yours faithfully

  
\_\_\_\_\_  
Kate Heine



# WALKATHON

Saturday 21<sup>st</sup> April 2018

Cherry Lake, Altona

10.30 - 2.30

**PARTICIPANT'S NAME:** \_\_\_\_\_

I am taking part in a Walkathon as part of Walk Together for Brain Injury. I am walking the Cherry Lake track which is 3.5km long. There will be 4 Achievement Stations along the track and my goal is to collect as many Achievement Stamps as I can.

Please help me help Heads Together for ABI raise \$50k in a Day!

SPONSOR'S NAME	\$ PLEDGE PER ACHIEVEMENT STAMP	OR ONE-OFF DONATION